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CANADIAN BURLESQUE DANCER GETS U.S. GREEN CARD THANKS TO HER 'EXTRAORDINARY ABILITY'

PAGE 4



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News worth sharing.

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Booze led to fatal fight between brothers: Dad

Manslaughter charges.
Family Thanksgiving ends in violence



SHANE GIBSON
shane.gibson@metronews.ca

The father of the man accused of killing his half-brother at a Thanksgiving get-together in River Heights early Monday said the two brothers started fighting after the victim's girlfriend tried to keep a few bottles of wine purchased by the accused.

"She wanted the booze that was there," said Peter Desjarlais, whose son, Justin Frederick Larche, 22, has been charged with manslaughter in the death of his half-brother, Christopher Barry Larche, 25. "She drinks wine so she told Christopher to take all the wine and bring it upstairs and she got the two boys fighting."

Police said Christopher and his girlfriend, who lived together at a two-storey home at 169 Lindsay St., had invited the victim's mother and brother over for Thanksgiving when a fight broke out between the two brothers during the early-morning hours.

Although family members tried to intervene, police allege the accused man armed himself with a knife and stabbed the victim in the upper body.

Police and emergency services found Christopher suffering from stab wounds in the home's front yard around 2:10 a.m.

He was taken to hospital in critical condition but later died of his injuries.

Desjarlais, who is the accused's birth father and victim's stepfather, told Metro both worked with him at his

Quoted

"She (the victim's girlfriend) drinks wine so she told Christopher to take all the wine and bring it upstairs and she got the two boys fighting."

Peter Desjarlais, father of the accused and stepfather of the victim

Winnipeg-based basement repair company and always got along well together.

"They were very close," he said. "They don't fight together, those boys."

"This has shocked me right up."

Christopher and his girlfriend have a four- or five

month-old baby boy, said Desjarlais, and they also lived with the girlfriend's 12-year-old daughter from a previous relationship.

Police said two children were asleep in the house during the incident.

While police spokesperson Const. Jason Michalyszen

couldn't confirm what the brothers were arguing about, he said alcohol hasn't been ruled out as a contributing factor.

"We're going to be looking at all possibilities... in why this escalated to the extreme that it did," he said.

Members of the Homicide Unit continue to investigate, and autopsy results are pending.

The homicide is Winnipeg's 24th of the year.

Follow Shane Gibson on Twitter @tsjgibson



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Helping kids be healthy inside and out

What parents should know

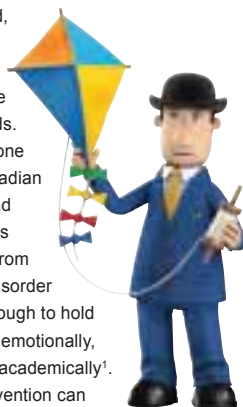
By Rona Maynard

When your child wakes up feeling out of sorts, you trust yourself to know the difference between a bad day and the latest bug sweeping the school. You are drawing on a lifetime of learning from parents, relatives, friends and the media, plus intimate knowledge of your child.

It's not so easy for parents to distinguish a possible mental illness from the normal ups and downs of growing up. Suppose your child has trouble making friends. Is he just shy or could he be suffering from anxiety, the most commonly diagnosed mental illness in young people?

Chances are your memory bank isn't much help. Mom likely never knew that kids can suffer from a mental illness. The subject rarely comes up when parents gather at the playground. Centuries of ignorance and stigma create an uneasy silence that nobody wants to break. So if you are worried, you may feel as if no one else understands.

Nearly one in five Canadian children and adolescents will suffer from a mental disorder serious enough to hold them back emotionally, socially or academically¹. Early intervention can



head off needless pain and equip a young person with coping skills that last for a lifetime. But fewer than 10 per cent of kids who need specialized mental health treatment are actually getting it. A child in trouble must have an advocate: you.

As with any physical illness, you have parental instinct on your side. Says Dr. David Wolfe, RBC® chair of Children's Mental Health Advisory Panel at the Centre for Addiction and Mental Health and chair of the RBC Children's Mental Health Project, "You know your kid. If he's been a fairly happy kid and is suddenly struggling at school and losing friendships, you have to ask if something's going on."

Here is how to keep a sense of purpose and perspective while helping your child get back on track.

• **ASSESS THE SITUATION.** Is your child's problem internal, such as

depression, or environmental, such as bullying? A child who seems cheerful at home but panics at the thought of school is more likely to be facing an environmental problem, suggests Wolfe.

• **TALK TO YOUR CHILD.** Be specific. Kids clam up at questions like, "Is everything OK?" You might ask, "Is

anyone hurting you? It's OK to tell me. I'm here to help you." Don't rush this conversation. A child who shares a confidence and doesn't feel heard may not raise the issue again.

• **GET THE BIG PICTURE.** Talk to the teacher, a coach or anyone else who knows your child. Have they noticed anything different lately? What seems

Phase or illness?

At the worst moment on a bad day, any child looks not unlike a child with a mental illness.

But a healthy child will be back on track within two weeks or less, with no harm done to friendships, family life or school performance. In other kids, a disabling pattern sets in.

Be alert for these warning signs:

- Mood changes such as deep sadness or withdrawal;
 - Extreme behavioural changes such as hurting or threatening others;
 - Fears or worries that interfere with daily life;
 - Trouble concentrating, especially at school;
 - Sudden loss of weight or appetite, indicating a possible eating disorder;
 - Abuse of drugs or alcohol to self-medicate;
 - Endangering or harming oneself, a spectrum of behaviours from cutting to suicide attempts.
- If your child is talking of suicide, don't wait and see — take immediate action. If your child threatens, call 911.

to trigger it? Listen for observations, not amateur diagnoses (a teacher can tell you that your child is clowning instead of paying attention, but only a specialist can tell you that the reason is ADHD). Once you have covered the bases, consult your family doctor.

• **KEEP AN OPEN MIND.** Your child may need specialized treatment. Ask lots of questions — while a prescription isn't a cure-all, it might help your child to focus.

• **HAVE HOPE.** Most kids get better with the right treatment, and your role is no less important. What boosts your child's spirits or relieves her stress? Listening to a favourite song? Writing in a journal? Help her find the tools and encourage her to use them.

Rona Maynard is an author, speaker, mental health advocate and former Editor of Chatelaine.

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Since 2008, the RBC Children's Mental Health Project has donated more than \$16 million to more than 200 organizations across Canada. You can help us help children. Visit rbc.com/childrensmentalhealth and test your knowledge of children's mental health.

For every completed quiz, we will give \$2 to Kids Help Phone³, a free, confidential counselling service for youth nationwide.

³ To a maximum donation of \$50,000.



RBC
Children's Mental
Health Project

Laughing for mental health

A child's pain casts a shadow on a home. What helps?

Ron Myers, a Toronto psycho-therapist from Ceridian Canada who counsels kids and families, comes straight to the point: "Fun!"

Myers is a firm believer in water fights and food fights (he is a proud veteran of both as a father and a

grandfather). Agree on a time limit, set clear rules and cut loose. Myers also urges families to plan a sit-down dinner once a week, no matter how frantic life gets. "Kids talk first," he says. The more you listen, the better you will know them. There is no more powerful reminder of why you became a parent.

This is a special feature brought to you by the RBC Children's Mental Health Project. Visit rbc.com/childrensmentalhealth to view the entire series.

Shine On. Promoting higher education



Grade 11 student and Shine On participant Shane Rose.
ALYSSA MCDONALD/FOR METRO

Inner-city initiative Shine On has received \$65,000 in provincial funding to continue mentoring youth at the University of Winnipeg.

Shine On provides workshops on preparing for post-secondary education and funding opportunities, leadership and access to University of Winnipeg facilities through after-school, weekend and summer camps.

"This program gave me a chance to... it's hard to explain. I am choked up right now... I got to try things I have never experienced before," Shane Rose, 16, told Metro Winnipeg.

Rose, who began participating in Shine On when he was in Grade 6, which is also when he first stepped on a university campus, said he is now looking forward to studying business at a post-secondary school.

"The best way to give kids a tap on the shoulder and say university is for you, is by using a group of young people to show them how to overcome those challenges," said Children and Youth Opportunities Minister Kevin Chief during the announcement on Tuesday.

Chief was a volunteer with Shine On since it began five years ago and said he's starting to see "successes of that program through the accomplishments of young people."

ALYSSA MCDONALD/FOR METRO



Kate Brenner of Winnipeg Harvest shows off a bowl customized by Donald Trump that was to be auctioned off Tuesday night. ALYSSA MCDONALD/FOR METRO

Bowled over for charity

Largest fundraiser.
More than \$1.1M
donated in last four years
for celebrity-made bowls

ALYSSA
MCDONALD
winnipeg@metronews.ca

Movie star Meryl Streep, Olympian Desiree Scott and musician Tony Bennett are just some of the celebrities whose decorated bowls will soon grace local dinner tables.

They were up for auction

Quoted

"We have had tremendous response in terms of people being able to help."

Kate Brenner, director of development for Winnipeg Harvest

Tuesday night at the seventh annual Empty Bowl Celebrity Auction at the Delta Winnipeg.

Winnipeg Harvest's largest fundraiser featured bowls customized and painted by different celebrities, sports stars and politicians, as well as local artisans and other business donations. Including Tuesday's donations, the event will have

raised approximately \$1.1 million over the last four years.

"We have had a tremendous response in terms of people able to help," said Kate Brenner, director of development for Winnipeg Harvest, just hours before last night's event.

Brenner said for every dollar Harvest raises, they can turn it into \$20 worth of food

for Manitoba families.

The more than 470 people who bought tickets were served different soups and breads, and the evening also featured a silent and live auction.

Brenner said the most expensive bowl ever auctioned off was for \$5,000 and featured Winnipeg Jets' "The Hotline" hockey legends — Bobby Hull, Ulf Nilsson and Anders Hedberg — all on one bowl.

If you missed this event, Metro Winnipeg made its own bowl to be auctioned off at Soup-er Lunch on Nov. 8 at the MTS Centre.

Fatality. Man dead following Thanksgiving Day crash



Police closed Portage Avenue for a period of time Monday after a westbound car swerved into oncoming traffic in the eastbound lane. Police said Tuesday the driver of the westbound car has died. SHANE GIBSON/METRO

The man pulled from his car in critical condition after a serious crash that closed part of Portage Avenue on Thanksgiving Day has died.

Police confirmed Tuesday the 53-year-old male driver of a Chevrolet Lumina that lost control in the westbound lane of Portage Avenue and swerved into a black Chevrolet Trailblazer around noon

Monday has died in hospital.

Police spokesperson Const. Jason Michalyshen said speed, and not alcohol, is being considered as a factor in the crash. "We do have some early reports that the driver of the vehicle had been observed at higher rates of speed, maybe changing lanes to some extent prior to the collision."

SHANE GIBSON/METRO

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1 NEWS

Project Echo gives Thanksgiving gift to two Winnipeg missions

It wasn't all just turkey and potatoes at two of Winnipeg's largest missions this Thanksgiving.

Both Siloam Mission and Lighthouse Mission each received 100 boxes filled with new winter clothing through Project Echo on Monday.

"This will bring us through four months ... the worst of winter," said Peggy Abbot, Siloam Mission's clothing program co-ordinator, after all the boxes were piled into the charity's warehouse. "Now the fun is getting my volunteers together to get these open ... and get them out in the clothing room."

Abbot said the Mission's clothing room — which gives away free clothes to those experiencing homelessness and poverty — sees as many as 300 people every week.

Project Echo teamed up with Elite Performance to bring the much-needed clothing to the two mis-



Maggie MacDonald from Project Echo and Elite Performance was one of several volunteers who helped unload 100 boxes of donated, new winter clothing at Siloam Mission on Monday. SHANE GIBSON/METRO

sions, and the 200 boxes are among 500 given out in Winnipeg to date.

"Anything that you'd want on a cold day, on Thanksgiving, is in those boxes," explained Jeff Fisher, founder of Project Echo

and owner of Elite Performance. "It was donated, we've got a private company that supports Project Echo and so far this year we've donated over a million dollars of clothing to the inner city."

SHANE GIBSON/METRO

Body of work nets dancer a green card

Science, technology and ... burlesque?

Canadian earns immigrant status in U.S. for her 'extraordinary ability'

Bettina May can shimmy like nobody else and she's convinced U.S. immigration authorities of it.

The Canadian burlesque performer and pin-up model managed to get her U.S. green card as a "resident alien of extraordinary ability," a category reserved for scientists, IT specialists, athletes, celebrities and someone "unique in their field."

Her first plans now that she has landed immigrant status in the United States? A trip home to Victoria, B.C.

"First and foremost, it means I can come back to Canada to see my parents. I haven't been able to go home for two and a half years," May said while she was waiting for her green card.

Leaving the U.S. would have meant "a very slim chance of getting back in," she said.

May launched her career, based on her vintage 1940s style, in Canada 10 years ago as a pin-up model and moved to New York in 2009.

Self-employed, she sponsored herself in her application to stay in the U.S.

"New York is the best city in the world for burlesque and I can make a living here. But



Bettina May used "extraordinary ability" to land a green card. CONTRIBUTED

Toronto also has an awesome burlesque scene," she said. "Now I'll be able to visit the other half of Canada and know I can come back to New York."

She also runs "pin-up

class workshops" that teach women the art of makeup and hair styles that harken to the World War II glamour girl era.

TORSTAR NEWS SERVICE

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- HMCS Chippawa Band
- Royal Canadian Air Force—Big Band

Singing in the Rain

① Wednesday, 17 October 2012

- Branch 252 Legion Veterans Band
- Winnipeg Golden Chordsmen Chorus
- Westside Jazz Band

Could Have Danced All Night

① Friday, 19 October 2012

- Blaskappelle German Club Band
- 402 Squadron Pipes and Drums
- Executive Big Band

With a Song in My Heart

① Monday, 22 October 2012

- Ray St. Germain
- Winnipeg Male Chorus
- Assiniboia Concert Band

Bach, Broadway and Benny

① Tuesday, 23 October 2012

- Chamber Orchestra of St. John's College
- Sweet Adelines—Assiniboine Show Chorus
- The Murray Riddell Big Band

Earlier Popular Music

① Wednesday, 24 October 2012

- Northwinds Community Band
- New Horizons Band
- Crazy Eights Dixieland Band

Strings and Winds

① Thursday, 25 October 2012

- Winnipeg Pops Orchestra
- Winnipeg Mandolin Orchestra
- Westwood Community Band

Anthems, Ballads and Concerti

① Monday, 29 October 2012

- Festival Orchestra
- Frank Burke and Ron Paley
- Festival Concert Band

Celebration of Seniors

① Tuesday, 30 October 2012

- Sisters of the Holy Rock

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music by seniors
for friends

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'Excessively punitive'

UN targets feds' justice reforms

The federal government's tough-on-crime agenda is "excessively punitive" for youth and a step backwards for Canada's child rights record, says a United Nations group.

The committee says Canada's Youth Criminal Justice Act complied with international standards until changes were introduced earlier this year.

The Harper government's Bill C-10, which includes stiffer penalties for youth and makes it easier to try them as adults, no longer conforms to the child rights convention.

THE CANADIAN PRESS

Tainted beef. XL Foods says safety problems fixed at Alberta plant

The owners of the Alberta plant involved in the massive recall of beef products says it has fixed all the problems that forced food safety officials to shut it down.

Inspectors from the Canadian Food Inspection Agency were in Brooks, Alta., Tuesday for a pre-inspection of the facility that processes more than one-third of Canada's beef.

Brian Nilsson, CEO of XL Foods Inc., says it has completed all the corrective actions the agency requested since it was closed on Sept. 27 due to problems including the

management of E. coli risk, maintenance and sanitation.

In a release, he also says the company deeply regrets the illnesses caused by the eating of beef products.

The number of illnesses linked to beef from the plant stands at 11 people from four provinces.

Agriculture Minister Gerry Ritz says the pre-inspection is only the first of a multi-stage process XL Foods must go through before it will be allowed to resume operating and no date has been set for it to reopen.

THE CANADIAN PRESS



Malala Yousufzai is transported to a helicopter in Mingora, Pakistan, on Tuesday, to be taken to Peshawar for treatment. A Taliban gunman walked up to a bus taking children home from school and shot and wounded the 14-year-old activist known for championing the education of girls. SHERIN ZADA/THE ASSOCIATED PRESS

Taliban gunman shoots teenage activist on bus

Pakistan. 14-year-old who championed education of girls and publicized atrocities expected to survive

Fourteen-year-old Malala Yousufzai is admired across a battle-scarred region of Pakistan for exposing the Taliban's atrocities and advocating for girls' education in the face of religious extremists. On Tuesday, the Taliban nearly killed her to quiet her message.

A gunman walked up to a bus taking children home from school in the volatile northern Swat Valley and shot Malala in the head and neck.

Speaking out

- In her BBC blog, Malala wrote about not wearing her uniform to school after officials warned it might attract the Taliban's attention.
- She also wrote about how the Taliban movement had kept her family from going out after sunset.

Another girl on the bus was also wounded.

The young activist was airlifted by helicopter to a military hospital in the frontier city of Peshawar. A doctor

in the city of Mingora, Tariq Mohammad, said her wounds weren't life-threatening, but a provincial information minister said after a medical board examined the girl that the next few days would be crucial.

Malala began writing a blog when she was just 11 under the pseudonym Gul Makai for the BBC about life under the Taliban, and began speaking out publicly in 2009 about the need for girls' education — which the Taliban strongly opposes. The extremist movement was quick to claim responsibility for shooting her.

"This was a new chapter of obscenity, and we have to finish this chapter," said Taliban spokesman Ahsanullah Ahsan.

THE ASSOCIATED PRESS

Human rights

Pussy Riot up for EU award

The European Parliament included Russian punk band Pussy Riot among its finalists for the European Union's Sakharov human rights prize on Tuesday.

Three members of the Pussy Riot band have been given a two-year prison sentence for hooliganism after they performed a "punk prayer" against President Vladimir Putin at Moscow's main cathedral. The sentence provoked an international outcry that has embarrassed the government of President Vladimir Putin.

THE ASSOCIATED PRESS

Shooting. Alabama student killed by campus police wasn't armed

A nude University of South Alabama freshman had taken LSD and assaulted others before he chased the campus police officer who fatally shot him, authorities said Tuesday, though the student wasn't armed.

Mobile County Sheriff Sam Cochran said at a news conference that 18-year-old Gil Collar took the drug during a music festival Saturday before assaulting two people in vehicles and attempting to bite a woman's arm.

Authorities said Collar then went to the campus police headquarters, where he was



Gil Collar CONTRIBUTED

shot by university police officer Travis Austin. Austin is on leave while investigators review the shooting. THE ASSOCIATED PRESS



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Supersonic! Ill winds blow, so skydiver puts off 37-kilometre free fall

Extreme athlete Felix Baumgartner cancelled his planned death-defying 37-kilometre free fall Tuesday because of high winds.

It was the second time this week he has been forced to postpone his quest to be the first supersonic skydiver.

The former military parachutist from Austria had planned to ride a pressurized capsule carried aloft by a 55-storey, ultra-thin helium balloon into the stratosphere, and then jump in a specially designed suit.

Because the balloon is so delicate, it can only take flight if winds are two miles per hour

Spilling the beans

Polanski victim to tell all in memoir

The former teen whom film director Roman Polanski was convicted of having sex with — leading to his flight from the U.S. — is writing a memoir.

Samantha Geimer, now 47, says in a statement

Tempting tragedy

What are the risks? One is called "boiling blood."

- **Lethal.** Any contact with the capsule when he jumps into space can tear his pressurized suit. The extreme cold can then cause lethal bubbles to form in his blood and bodily fluids.

or below. His team said he has a second balloon and intends to try again, possibly on Thursday.
THE ASSOCIATED PRESS

released by publisher Atria Books: "I offer my story now without rage, but with purpose — to share a tale that in its detail will reclaim my identity."

Polanski, 79, is restricted by an Interpol warrant in effect in 188 countries, but he moves freely between Switzerland and France.

THE ASSOCIATED PRESS

Sex predator Sandusky will end his days in jail

A 30- to 60-year term.

U.S. judge calls him dangerous and says he betrayed children and abused their trust

Reviled ex-football icon Jerry Sandusky was sentenced Tuesday to at least 30 years in prison — effectively a life sentence.

But he was defiant to the end in the child sexual-abuse scandal that brought shame to Penn State.

"In my heart I know I did not do these ... disgusting acts," he told a Pennsylvania court.

He also gave a rambling statement in which he talked about his life in prison and the pain of being away from his family.

"I've forgiven, I've been forgiven," he said.

"I've comforted others, I've been comforted. I've been kissed by dogs, I've been bit by dogs.

"I've conformed, I've also



Jerry Sandusky leaves court after sentencing. MATT ROURKE/THE ASSOCIATED PRESS

been different. I've been me. I've been loved, I've been hated."

Three victims spoke, often fighting back tears. One looked Sandusky in the eyes at times. Two of the men exchanged a long embrace after

court was adjourned.

The 68-year-old former Penn State assistant coach was found guilty in June of 45 counts of child sexual abuse, convicted of molesting 10 boys over a 15-year period.

THE ASSOCIATED PRESS

Impact in Canada

The Jerry Sandusky case has sent ripples of revulsion into Canada.

- **The James scandal.** Two of former junior hockey coach Graham James's sexual-abuse victims say they would like Canada to follow the U.S. in handing out harsh sentences to sexual predators.

- **Fleury.** Former Calgary Flames forward Theo Fleury says it's important to send a message that child sexual abuse is not taken lightly. He blames the federal government for a lack of leadership.

- **Kennedy.** Sheldon Kennedy would like tougher sentences as well. But he says longer jail terms are not the only answer. Canada, he says, is on the right track by educating the public.

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Trade tensions. Rivalry with China reflected in U.S. election

Eager to expand in the United States, China's biggest technology companies face an America anxious about threats to jobs and national security.

The latest blow: A U.S. report that says telecom equipment makers Huawei Technologies Inc. and ZTE Corp. are potential security threats that Americans should avoid doing business with.

The report, coming amid an American presidential race in which trade tensions with Beijing are a prominent issue, highlights conflicting U.S. sentiments toward China, an important trading partner but a potential strategic rival. U.S. companies see China as both a crucial growth market and a source of competition and industrial spying.

"A lot of people in America

Quoted

"(Legislators are) playing to a lot of voters at home who are very concerned about (China)."

Charles Maynard, senior managing director of Business Development Asia

are worried about a diminishing role in the world and China being the prime beneficiary and potentially one day moving into that top slot," said Charles Maynard, senior managing director of Business Development Asia, which advises companies on acquisitions. Legislators are "playing to a lot of voters at home who are very concerned about that issue," he said.

THE ASSOCIATED PRESS

Market Minute

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Dow Jones: 13,473.53 (-110.12)

GOLD
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IMF forecasts weaker growth for world economy

Sluggishness spreads.

Quarterly update sees malaise expanding to more dynamic emerging economies

Plagued by uncertainty and fresh setbacks, the world economy has weakened further and will grow more slowly over the next year, the International Monetary Fund says in its latest forecast.

Advanced economies are risking recession while the economic malaise is spreading to more dynamic emerging economies such as China, the international lending organization says in a quarterly update of its World Economic Outlook.

The IMF forecasts that the world economy will expand 3.3 per cent this year, down from its estimate of 3.5 per cent growth issued in July. Its forecast for growth in 2013 is 3.6 per cent, down from 3.9 per cent three months ago and 4.1 per cent in April.

For the United States, the IMF raised its growth forecast slightly, to 2.2 per cent this year from two per cent in July. For

Canadian outlook

- The IMF projected growth in Canada this year of 1.9 per cent, improving slightly to two per cent in 2013.
- That compared with the July forecast that saw growth at 2.1 per cent for 2012 and 2.2 per cent for 2013.

2013, though, it expects U.S. growth of 2.1 per cent, down from 2.3 per cent.

The IMF said growth in Canada has been constrained by the sluggish U.S. economy.

"Domestic demand — both business investment and private consumption — has been supported by exceptionally favourable financing conditions, including low interest rates and credit availability," the IMF said.

"These factors, along with the commodity boom, have also boosted the housing sector, especially in provinces with strong mining activity."

However, the IMF warned about the amount of borrowing in Canada. THE ASSOCIATED PRESS



Japanese Minister for Reconstruction Tasuo Hirano speaks during the opening of the Sendai Dialogue, a special event on managing disaster risk that is being held in Sendai, Japan, ahead of the annual meetings of the International Monetary Fund and the World Bank Group. KOJI SASAHARA/THE ASSOCIATED PRESS

UN says projection of 1 billion hungry people was off



Schoolchildren receive a free midday meal at a government school in Jammu, India, on Tuesday. The UN has revised its startling 2009 announcement that one billion people in the world were hungry. CHANNI ANAND/THE ASSOCIATED PRESS

The United Nations now says its 2009 headline-grabbing announcement that one billion people in the world were hungry was off-target and that the number is actually more like 870 million.

The UN Food and Agriculture Organization (FAO) blamed flawed methodology and poor data for the bum projection, and said it now uses a much more accurate set of parameters and statistics to calculate its annual estimate of the world's hungry.

FAO issued its 2012 state of food insecurity report on Tuesday, and its core point was to set the record straight about the number of the world's undernourished people, ap-

plying the more accurate data retroactively back to 1990.

And the good news, FAO said, is that the number of hungry people has actually been declining steadily over the past two decades, although progress has slowed since the 2007-08 food crises and the global economic downturn.

To be sure, 870 million hungry people is still far too many hungry people, said the heads of the three UN food agencies in a forward to the report.

"In today's world of unprecedented technical and economic opportunities, we find it entirely unacceptable that more than 100 million children under the age of five are underweight, and are there-

By the numbers

2015

The UN Food and Agriculture Organization said if the right action is taken now to boost growth and invest in agriculture, particularly in poor countries, the UN goal of reducing by one-half the number of the world's hungry people by 2015 is very much within reach.

fore unable to realize their full socio-economic and human potential," they wrote.

FAO made headlines in 2009 when it announced that one billion people — one-sixth of the world's population — were undernourished. A high-level summit was called at FAO

headquarters in Rome. The UN chief went on a daylong hunger strike to show solidarity with the one billion. The Group of Eight devoted much of its summit that year to pledging \$20 billion US for seeds, fertilizers and tools to help poor nations feed themselves.

It turns out, though, that the projections were wrong. They were calculated using figures from non-UN sources that were fed into the UN's number-crunching model, because FAO was under pressure from governments to quickly come up with an estimate of how many people might go hungry from the dual crises of high food prices and the global downturn. THE ASSOCIATED PRESS

Entrepreneurship

Boomer eye startups: Poll

A new survey from TD Canada Trust suggests baby boomers have one more career move in them before they retire — they want to run their own business first. The survey found 54 per cent of boomers polled have or are considering starting a firm, whether it's consulting, buying into a franchise or operating a specialty firm. THE CANADIAN PRESS

Auto sales, tours affected

Spat over islands shakes Japan's economy

The craggy island specks in the East China Sea aren't even an economic backwater. They have no factories, no highways, no shops, no people — only goats. But the high-pitched row between Beijing and Tokyo over their ownership is exacting a growing toll on Japan,

threatening to send its recovery from last year's disasters into reverse.

Sales of Japanese cars in China are in a free-fall. At the China Open last weekend, a representative of Sony Corp., which is a sponsor of the tennis tournament, was loudly booed at the title presentation for the women's final. Chinese tourists are cancelling trips to Japan in droves. And some analysts say Japan's economy will shrink in the last three months of the year.

The business and economic shockwaves come after Japan last month nationalized the tiny islands, called Senkaku in Japan and Diaoyu in China, which were already under Tokyo's control but are also claimed by Beijing.

The move set off violent protests in China, and a widespread call to boycott Japanese goods. Toyota Motor Corp. and Honda Motor Co. dealerships were burned down in one city.

THE ASSOCIATED PRESS



A man sits in front of a burned Japanese plant that was torched by anti-Japan demonstrators in Qingdao, China. KYODO NEWS/THE ASSOCIATED PRESS

BB10 deliveries

RIM shares fall on analyst's report

Research In Motion shares are down 5.5 per cent after an analyst said the next generation of BlackBerrys won't hit shelves until March. Jeffries and Co. analyst Peter Misek told business TV channel BNN that timing would delay any potential licensing deals. Some observers had anticipated a January or February release. THE CANADIAN PRESS

IT'S A GOURD THING THERE'S PUMPKIN PIE



JUST SAYIN'
Paul Sullivan
metronews.ca

Who says we're not making progress?

My first journalistic assignment, back in 1812, was to head out to the pumpkin patch and interview some

farmer who was trying to grow the world's largest pumpkin.

It was some pumpkin, all right. About 900 pounds. That's a lot of pie.

He was getting ready to haul it to the World's Largest Pumpkin Olympics, or something like that. Sadly, he was defeated by his arch rival who managed to coax an extra few pounds out of his giant gourd.

Since then, the record has been eclipsed annually, and this year, the world-record pumpkin passed the magic one-ton barrier (imperial measurement, please; these guys are traditionalists), as the pride and joy of Rhode Island farmer Ron Wallace weighed in at 2,009 pounds.

That's more than twice as much pie.

While pumpkin pundits debate the upper limit and wonder if there is one, it's time to stand back and ask the obvious question: Who cares?

Well, this is not a question you ask around the HQ of the World Pumpkin Confederation or the Yugoslav Gourd Lovers Society, and certainly not at the 1100 Club, populated exclusively by guys who have broken the 1,100-pound barrier.

Frankly, only its grower could love a giant pumpkin. After all, it just sits there, spilling over the scale like Jabba the Hut. It bears no resemblance to those satisfying symmetrical squashes that you cluster across your doorstep. Those are grown by interior designers with bow ties. Hipster pumpkins.

No, growing a one-ton pumpkin is horticultural brute force. You can literally watch them getting larger: 40-50 pounds a day during peak growing season. It takes up to 160 days to grow one of these babies, so you have to start them indoors. And in the fall, when the threat of early frost increases, you'll spend your nights in the patch with your great pumpkin, trying to prevent a pumpkin freezie. Like Linus, from Peanuts.

Everything has to be just so: soil, fertilizer, water, disease and pest control, not to mention the correct amount of shade and sunlight.

Of course, Ron Wallace, who also grew the world's biggest in 2006 (a 1,502-pounder), keeps his technique top-secret, which leads you to wonder if Ron's growing his pumpkins around a giant lead weight.

There's more at stake here than mere bragging rights around the Hot Stove League. Wallace has wrested the world title away from Canadians Jim and Kelsey Bryson from Ormstown, Que., who grew an 1,818.5-pounder in 2011.

For one brief shining moment, Canada and giant pumpkins were synonymous.

And, if we adjust the pH balance and the calcium content, 2013 pounds in 2013 is in our grasp! Be like Linus and believe. And keep your fork, because whatever else happens, there will be pie.



Ron Wallace, of Rhode Island, celebrates after tipping the scales with his 2,009-pound record-breaking pumpkin during the New England Giant Pumpkin Weigh-Off at the Topsfield Fair in Topsfield, Mass., Friday, Sept. 28.

PAUL BILODEAU/THE EAGLE-TRIBUNE/THE ASSOCIATED PRESS

Lunch – 100 million years ago



OREGON STATE UNIVERSITY

A stone's throw away

Ancient spider attack fossil found

Scientists have discovered an amazing prehistoric fossil of a spider about to devour a wasp caught in its web.

The preserved event took place in the Hukawng Valley of Myanmar in the Early Cretaceous period between 97-110 million years ago, a time when almost certainly dinosaurs were roaming nearby, scientists say.

METRO

Expert's viewpoint



"This was the wasp's worst nightmare.

The wasp was watching the spider just as it was about to be attacked, when tree resin flowed over and captured both of them."

George Poinar, Jr.
Oregon State University entomologist

Amber fossilizes

How tree resin captures the past

The tree resin that forms amber is renowned for its ability to flow over flora and fauna, preserving them in near perfection before it later transforms into a semi-precious stone.

At least 15 unbroken strands of spider silk run through the amber piece, and on some of these the wasp was trapped. This is the first fossil ever discovered of a spider attack, scientists note.

METRO

Long, long ago

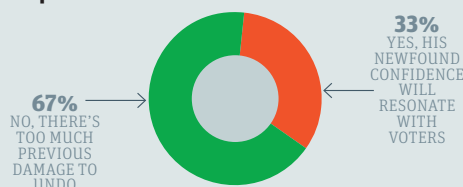
100

million years ago is the approximate time when this spider-wasp encounter occurred. Spiders are ancient invertebrates that researchers believe date back some 200 million years, but the oldest fossil evidence ever found of a spider web is only about 130 million years old. A report about the discovery by Poinar and his team appears in the October edition of journal *Historical Biology*.



Register at metropolitanpanel.ca and take the quick poll

Do you think U.S. presidential contender Mitt Romney will see another debate bump?



Twitter

@CarolluvsHockey:

Oh forgot to mention, when I left the house this AM for work, saw a large red fox running down the street. That was a first! #winnipeg

@adamantum:

Dear Car, it's not necessary to have the outside temperature flash when it's near 0°C... You have a lot to learn about living in #Winnipeg.

@banker_by_day:

60-something dude just pulled up on a motorcycle and it's snowing like mad. Love this neighbourhood. #transcona #balls #Winnipeg #dude

@SoulfulHarmony:

#Winnipeg Winterpeg is in full affect, light snow fall is occurring as we speak and the flakes are pretty decent size...#AppreciateGodsBeauty

2 SCENE

Who made the best bond?



"I think it's got to be Connery ... because as soon as I was of that age, he was really starting as well. And I just identify Connery with that role. It's always been a great piece of escapism."

Bryan Cranston, star of *Breaking Bad*.



"I think *Casino Royale* was really excellent, and I think Daniel is a brilliant Bond, wonderful. A Bond for now, in our world. He's wonderful."

Ralph Fiennes, star of the new Bond flick *Skyfall*.

More online and tomorrow

- Visit metronews.ca for more James Bond coverage, including a look at the newest film, *Skyfall*.
- Tomorrow, Metro looks at Bond's style and more celebrities reveal their favourite actor who played 007.



The top 12 Bond girls

There's 56 Bond girls out there (give or take), and we've ranked the sexiest. Not every film made the cut (sorry, ladies from *Moonraker*) and we excluded those women too cool to be called a "girl" (Michelle Yeoh) or too dumb to be found sexy (Denise Richards, a.k.a. "doctor of nuclear physics" Christmas Jones). Sexist? Hey, so are the films.

METRO WORLD NEWS

1. Honey Ryder

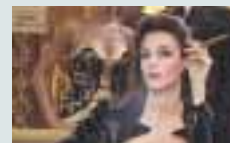
Ursula Andress, *Dr. No*
The Swiss miss set the standard for all future Bond girls: she wore a bikini and carried a knife.



2. Pussy Galore

Honor Blackman, *Goldfinger*

We concur with Bond, who says, when told her name, "I must be dreaming."



3. Xenia Onatopp

Famke Janssen, *GoldenEye*

She crushes an old man during sex. She hijacks a helicopter. She puts the fatal in femme fatale.



4. MayDay

Grace Jones, *A View to a Kill*

Bond was an equal opportunity ladies man, and wasn't scared off by the statuesque Jones.

5. Mary Goodnight

Britt Ekland, *The Man with the Golden Gun*
The Swedish bombshell became famous for being with two men: Bond, and her husband, Peter Sellers.



6. Helga Brandt

Karin Dor, *You Only Live Twice*

She ties Bond down to a chair, and threatens him with some makeshift plastic surgery, holding a knife. Then she kisses him. Deeply. Many times.



7. Solitaire

Jane Seymour, *Live and Let Die*

The first psychic Bond girl? Surely that's worth something.

8. Jinx

Halle Berry, *Die Another Day*

An Oscar-winning Bond girl: Was that a first? Nope. See number 12.



9. Vesper Lynd

Eva Green, *Casino Royale*

A modern-day love interest for modern times. Her back-and-forth with Bond on a train has more sparks than any bedroom scene.



10. Magda

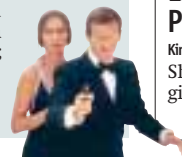
Kristina Wayborn, *Octopussy*

She has an octopus tattoo in a film called *Octopussy*. How could we not include her?



11. Anya Amasova

Barbara Bach, *The Spy Who Loved Me*
A.k.a. Ringo Starr's wife, this New Yorker called Bond a "chauvinist pig" who uses girls to shield him against bullets." And that wasn't a movie quote; that's her in real life.



12. Domino Petachi

Kim Basinger, *Never Say Never Again*
She's not the only Bond girl to have an Oscar but she is the blondest.

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REEL PRIDE

20
12

reelpride.org

Escape thrillers more than escapism

New movie. Ben Affleck's *Argo* joins a long list of movies that make the big break-out sequence their main thrust

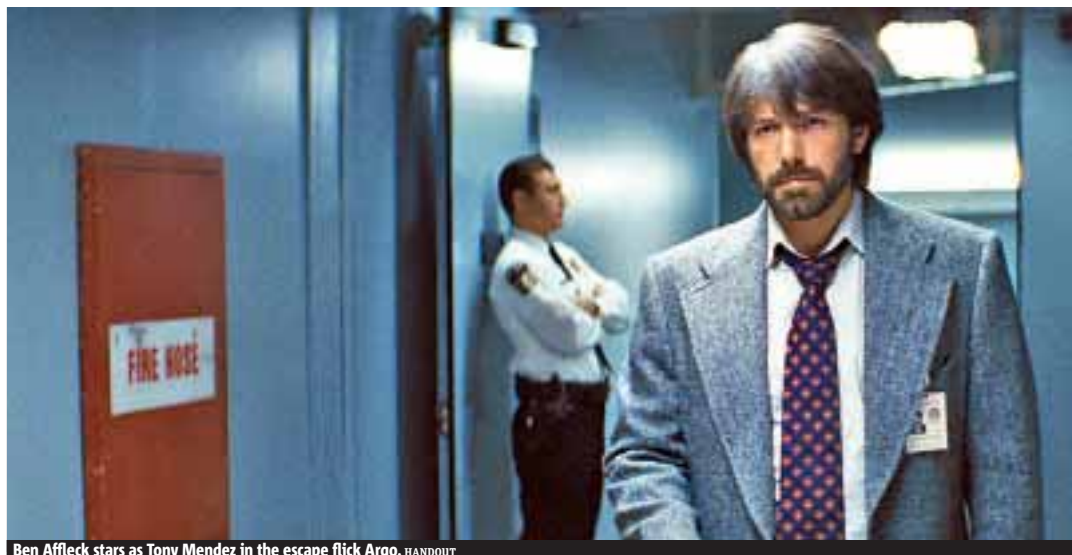


IN FOCUS
Richard Crouse
scene@metronews.ca

It's no spoiler to tell you the action in *Argo*, the new thriller starring and directed by Ben Affleck, centres around a daring escape. Based on the real life covert operation to free six American diplomats after the seizure of their embassy in Tehran, the movie showcases the cooperation between Canadian diplomat Ken Taylor and the CIA that led to the film's exciting climax.

Even if you already know how the movie ends — and in this case it's a matter of public record — nothing will keep you on the edge of your seat quite like a daring escape.

The big screen version of



Ben Affleck stars as Tony Mendez in the escape flick *Argo*. HANDOUT

The Fugitive, starring Harrison Ford as Richard Kimble, a wrongly accused man on the lam from the law, is essentially one big escape sequence. The most famous is the crash between Kimble's prison transport van and a freight train. To film the scene where the wanted man makes his

way out of the twisted wreck they actually crashed a van into a train, although the image of Ford jumping from the ruin was added later.

Not surprisingly, some of the best escape movies tip their hand by including the word escape in the title.

The Great Escape sees

Steve McQueen lead a cast of Second World War allied POWs who arrange a mass escape from a German camp. Motorcycle enthusiast McQueen refused to sign on to do the movie until a cycle chase was included in the script. The director agreed, and when the scene was shot

even allowed McQueen to ride along as a German soldier. In the final, edited sequence McQueen, in disguise, is seen chasing after himself.

Based on a true story, *Escape from Alcatraz* starred Clint Eastwood as one-third of a team who staged the only successful escape from the

Quote

"Even if you already know how the movie ends — and in this case it's a matter of public record — nothing will keep you on the edge of your seat quite like a daring escape."

island prison. Many of the dangerous looking stunts in the film were as risky as they looked. Director Don Siegel insisted the actors do their own stunts, but twice feared his stars had been lost to the strong currents of San Francisco Bay.

Finally, in *Escape from New York*, the city is transformed into a giant maximum-security prison.

The twist is one of the prisoners is hired, after the President's plane crashes, to get the Commander-In-Chief out safely. In this one The Great Escape alum Donald Pleasence plays the president, although it's never explained why the U.S. leader has an English accent.

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12

SCENE

metronews.ca
Wednesday, October 10, 2012

Learning to be a straight shooter

New TV series.

Stephen Amell brings a modern update to the DC Comics avenger character the Green Arrow

AMBER
RAY

scene@metronews.ca

After a tragic shipwreck, billionaire Oliver Queen (Stephen Amell) was considered dead. He washed up on a remote island and spent five years honing his survival skills — including his prowess with a bow and arrow — before being rescued.

Back home in Starling City, he quickly realizes the mistakes of his past — and the wrongs of his family. Feigning his former playboy persona by day, he secretly takes on the persona of the vigilante Arrow at night to make amends and bring justice to his hometown.

To nail the physicality of playing the modern update on DC Comics avenger Green Arrow (which premieres tonight at 8 p.m. ET/PT on CTV Two) Amell's training included parkour.



Stephen Amell stars as Oliver Queen in the new CTV series Arrow.

HANDOUT

"That was when the training became intensive, because it was all of these muscles that I didn't even know existed, let alone had used before," Amell says.

"My coach, Paul Darnell, was actually the double for Henry Cavill in Superman, and he just had me doing things that I had never even considered immediately. To get (the intense action scenes) into the pilot right away was really cool."

It wasn't all rugged train-

ing for the character either. Oliver is a pretty complicated character.

"When I looked at the pilot, I saw four different roles," Amell says. "Normally they break down sort of day-by-day when we're shooting the episodes — I will have a day where it's fake Oliver in the real world right now, and then there will be an island day (flashback), and there's an Arrow day, and (reconnecting with ex-girlfriend) Laurel days. And it's a really

Quote

"Oliver is coming back from this island, and he clearly has post-traumatic stress disorder. All the talk of super villains and potential nemeses for the Arrow, I think that the most the most imminent danger to Oliver right now is himself."

Stephen Amell

Talking about his character Oliver Queen

fun exercise. It keeps me on my toes."

It was an experience that took a lot of learning on a number of levels.

Prior to taking the role of Arrow, Amell had never picked up a bow and arrow.

"I have a wonderful coach, Patricia Gonsalves, and she started my training by showing me a 45-minute video of all the ways that archery has been done badly on television and in film," Amell says.

"The first thing was getting the form. And I really like archery. I mean, I enjoy practicing it when I have time off. It's an interesting sport."

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Jennifer Aniston

Aniston showing off giant gem on ring finger

Jennifer Aniston is set to marry fiancé Justin Theroux — and she's got the massive engagement ring to prove it. During a recent afternoon out with Theroux in Santa Fe, N.M. — where Aniston is filming *We're the Millers* — the actress showed off a giant gem on her ring finger, according to Us

Weekly. But while the ring may be plenty flashy, don't expect the wedding itself to be, as sources say Aniston is planning a "destination wedding" with close friends, "kind of like eloping with a few friends. There will be the feeling of a vacation, since that's their favourite thing to do."

Gaga following in Bieber's footsteps

Justin Bieber isn't the only pop star with a weak stomach, apparently, as Lady Gaga found herself vomiting three times onstage while performing *Edge of Glory* during a tour stop in Barcelona recently. Gaga pressed on with the show after the episode and later made light of it, posting a link to a fan's YouTube video of the mishap and tweeting, "Was praying nobody saw but actually it's



Lady Gaga

quite a good laugh if you need one!"

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Led Zeppelin refuse to answer reunion questions



THE WORD
Dorothy Robinson
scene@metronews.ca

Don't ask Led Zeppelin if they're getting the band back together.

Numerous reporters tried yesterday at a press conference promoting the release of their concert film, *Celebration Day*, but the British rock gods dodged and weaved. "We've been thinking about all sorts of things. But we can't remember what we were thinking about," quipped lead singer Robert Plant. John Paul Jones, Jimmy Page and John Bonham's son, Jason Bonham, who played drums on the band's one-off 2007 tribute concert for friend and Atlantic Records founder Ahmet Ertegun, were equally mute on the subject (actually, Bonham never commented one way or another on the topic; he just seemed stoked to be there).

"At this time five years ago we were rehearsing



to get to the O2. If you think about the time it gets something like that to get together, it seems unlikely," said Page. He continued: "We were so happy we were getting it right and taking it beyond what we thought we were about that night. To do that four nights a week is a different thing entirely." But they never said never.

So there is still hope for all you Zepp fans out there. And if you do either catch them live or see the film, keep an eye open for the band's facial expressions. "We used to call ourselves 'The Band of Nods' because if you missed a cue you would nod — that had nothing to do with opiates," said Plant. "And now, we've turned into 'The Band of Middle Aged Grins.'"



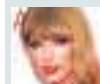
Ben Affleck

Ben Affleck not the hit-and-run type

Ben Affleck isn't just a talented actor and director, he's also a responsible citizen. While running errands in Santa Monica recently, the *Argo* star sideswiped a parked car, knocking off its side mirror, according to Hollywood scoop. But unlike some

Hollywood starlets we could name, Affleck did the right thing by stopping and leaving a note on the car's windshield. The note read, "Hi, knocked off your mirror! Very sorry! Will cover everything — Ben," followed by his contact information.

Twitter



@taylorswift13

I feel like I'd be more understood if people knew 'I Don't Want to Miss a Thing' by Aerosmith is how most of my emotions sound in my head.



@wossy

Good morning ! I am not feeling well. But I can stay indoors all day and drink tea. So there's the silver lining right there.



@justinbieber

i care



@Joan_Rivers

The good news is that self-driving cars are now legal in California. The bad news is that so are the ones driven by Lindsay Lohan.

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3
LIFE

Drink wine in upstate N.Y.

The Finger Lakes region is a lesser-known haven for grape lovers

NOLAN GAWRON
Metro World News

In the Finger Lakes region of upstate New York, there's a growing excitement — literally. Grapes! Wine grapes, to be more specific. The sloping hillsides, lake breezes and a steady summer sun have always provided the picturesque Finger Lakes region with a healthy grape-growing climate. But until recently, the land was primarily used to grow local Concord grapes that were sold to juice companies.

In recent years, younger generations have taken over the family farms and begun experimenting with wine grape varieties. While the yield can be more profitable, the arduous and artistic process is all the more intensive and comes with a higher risk factor. But with continued growth and a respected product that has gained praise and earned prizes all over the world, the shift seems to be working. Now with 109 wineries, the Finger Lakes have helped make New York the third largest wine producer in America.

Even though the area is known for its Cabernet francs, chardonnays, pinot noirs and ice wines, it's riesling that reigns supreme. With a climate similar to its German origins, the varietal has found a second home here. Ranging from dry to sweet, each vineyard in the area produces at least one style of Riesling — some make several — and many have won worldwide Gold Medal honors.

Camaraderie over competition

With a wine trail marked by road signs, vineyard tours and tasting rooms, tourism in the Finger Lakes is increasing. And with several wineries adding inns and high-end restaurants to their properties, many are calling the Finger Lakes the next Napa Valley. Vineyard owners in the area, however, are quick to point out a monumental difference — a unified sense of community. Here it's

camaraderie, not competition, since in this region the vineyard owner is often the farmer, the marketer, the salesman and sometimes even the deliveryman. "If someone needs a forklift, we let them borrow ours," says Ted Marks, proprietor of Atwater Vineyards. "And they would do the same for us. People come from all over the world to work here and can't believe that we want to help each other succeed. We do what we do well. And we do it without pretension."



Soak up the wine and the scenery in the Finger Lakes region. ALLEN MCGREGOR/Flickr



Is Finger Lakes the next Napa Valley? VISIT-FINGERLAKES/Flickr



There's more than vineyards in Finger Lakes. Flickr

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Segway tours are becoming a popular activity at resorts. THE ASSOCIATED PRESS

The perfect getaway: Golf, spa treatments ... and Segway tours?

Travel trend. The often-mocked vehicle of choice for mall cops has found an unlikely surge in popularity at vacation spots

Some couples celebrate their anniversary with a horse-drawn carriage ride. Others rent a romantic cabin in the woods. A few even jet off to Las Vegas and renew their vows in front of Elvis.

Lori Kelly and her husband Gene recently marked their second anniversary by touring the woods of the Omni Bedford Springs Resort & Spa in Bedford, Penn. on a Segway.

"It was absolutely fantastic. It is really the ultimately unique experience especially for people my age," said Kelly, 59. Her husband is 64. "It gives you the flavour of adventure

with very little threat of injury."

The Segway, first introduced a decade ago as an alternative mode of personal transportation, is getting a new life at a growing number of resorts around the world. For those not familiar with the two-wheeled electric vehicle, it works like this: Lean forward to move forward. Lean backward to go in reverse. Move the handlebars, and it turns left or right.

The device never quite took off as an everyday way to get around, but it has found a niche replacing city walking tours and helping security guards patrol local shopping malls. And now hotels with sprawling grounds are finding the Segway to be a great way to show guests around their properties. Plus, the devices are still quirky enough to be an attraction in their own right.

"You don't need any special skills to navigate around on it," said Kelly, the executive director of the American Red Cross

What's in a Segway tour?

- **Cost.** Prices generally range from \$60 to \$125 per person.
- **Requirements.** Several resorts have minimum age requirements and only allow guests between a certain weight, generally 100 to 260 pounds.

in West Virginia.

She and her husband travelled in mid-September from their home in Shepherdstown, W.Va. to Pennsylvania resort for a two-night getaway. They shopped, sat by the hotel's fire pits, played horseshoes and had a romantic anniversary dinner.

But what really made the trip unique was the 90-minute, off-road Segway tour for \$90.

THE ASSOCIATED PRESS



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Drilling your way to a dream job

It's a gas. An expert spills secrets on an exciting and changing industry

CASSANDRA
JOWETT
TalentEgg.ca

Technology. Sustainability. Mobility. Those are the top three reasons now is a really exciting time for students and recent grads to start careers in the oil and gas industry, according to Cheryl Knight, executive director and CEO of Petroleum Human Resources Council of Canada.

Knight knows the industry better than most, so we asked her what she thinks the most exciting things about the petroleum sector are right now.

Technology

"I think what I find most interesting is how much of a role technology is playing in creating changes in the industry," she says. "Changes including how the work is done, how the production of oil and gas happens, and what the jobs are. We are seeing that technology and being technology proficient is really an important part of the industry."

She cites the development of Alberta's oil sands as an example: In past, operations in the oil sands were primarily mining — large shovels would dump the oil sand into trucks to be taken to be crushed and processed into oil. This method is slow and inefficient, and can only extract oil sand up to 75 metres below ground.

Today, more than 80 per cent of oil sands development uses in-situ drilling — a thermal technology known as steam assisted gravity drainage (SAGD). The high-tech SAGD process allows



Green on the scene: The gas and oil industry is hiring more environmental experts than ever before. ISTOCK

petroleum producers to access reserves that are much deeper in the earth and recover a higher percentage of the oil contained in the sand.

"The reason [the oil sands] is growing so big is because of the technology," Knight says.

Another example is the use of directional drilling and hydraulic fracturing.

"It enables the industry to use one very expensive, highly technologically-advanced rig and rig pad, reducing the surface impact," she says. "You have one rig that spends a lot of time drilling in a variety of directions while it stays in the same place. The rig doesn't move."

All of this high-tech equipment requires specialized technicians, technologists and skilled tradespeople to build, operate and maintain it, creating many new jobs for people with the most up-

Experience that expands

"A person isn't pigeonholing themselves by joining the oil and gas industry. On the contrary — the skills will transfer quite well to the natural resource sector as well as government, communications and stakeholder relations organizations."

Cheryl Knight

to-date education and technical skills.

Sustainability

No, sustainability is not a four-letter word in oil and gas. In fact, says Knight, environmental sustainability

has woven itself into every single job in the industry.

"I don't go anywhere or to any meeting where people in the industry aren't aware of the footprint on the land — they're concerned about things like carbon emissions and water consumption," she says. "It's part of our industry — the environment is part of oil and gas."

As interest in environmental sustainability within the petroleum sector grows, so does the demand for people who are qualified to help oil and gas companies monitor, manage and improve their impact on the environment.

"These sorts of things are really opening up a variety of career opportunities," Knight says.

The discussion around sustainability and the environment also creates a greater need for regulatory,

stakeholder relations and communications professionals as oil and gas producers and industry associations work and communicate with regulators, local and Aboriginal communities, and the media.

Mobility

While the oil and gas sector is probably going to be where it's at for the foreseeable future — there are more than 500,000 people employed directly and indirectly in the oil and gas industry now, and it is estimated that the oil sands alone will support 905,000 jobs by 2035 — starting your career in the industry doesn't mean you're stuck in it (or your first job or location) forever.

"A person isn't pigeonholing themselves by joining the oil and gas industry," Knight says. "On the contrary — the skills will transfer quite well

to the natural resource sector as well as government, communications and stakeholder relations organizations."

Plus, since you will have the opportunity to work with so many different people and organizations in your oil and gas job, you'll develop a strong professional network across a wide variety of locations and sectors that could really take you places.

"It's a really great industry; it provides a real combination of field work and office work, and I think that's appealing to a lot of people," she adds.

Many companies operate in multiple countries and they're looking for people who want to travel the world while they're working."

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A career that has a nice rig to it

Oil and gas industry. Longing for a lasting and lucrative role? Look down.

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The oil and gas industry is a growing one that plans to hire thousands over the next four years as workers retire and the industry continues to expand, particularly in the oil sands.

More than three quarters of oil and gas companies say they plan to hire to support industry growth, which means there are plenty of job opportunities for students and recent grads with lots of room for advancement.

While recent graduates don't have enough experience to become drilling supervisors, there are many entry level positions in the other occupations.

Let's take a look at some of these in-demand occupations

Petroleum engineers

Did you know that entry-level engineers are particularly in demand in the petroleum industry because companies prefer to teach you on the job rather than retraining engineers from other industries? That's right. So the fact that you don't know it all yet is actually a huge plus for new engineers!

Petroleum engineers have a natural curiosity about and a knack for figuring out how things work. Critical thinking, the ability to creatively problem solve, clear communication skills and the ability to manage yourself are all qualities that will put you to the top of employers' lists.

These engineers typically specialize in either oil and gas drilling, reservoir management or production:

• Reservoir engineer

Reservoir engineers identify oil and gas reserves and develop strategies to maximize recovery, conducting simulation studies in order to do this. The plans they work on may include field developments, enhanced oil recovery techniques and revised well placements.

• Production engineer

Production engineers analyze, develop and optimize the performance of individual wells, and design connections between the reservoir and the well. They evaluate the effectiveness of methods that increase the flow of water, gas and oil, and develop surface



The oil and gas industry may be one of the only fields where less previous experience works in your favour. iStock

equipment systems to separate those substances. Most production engineers perform work indoors and journey to the field sites for specific troubleshooting operations.

• Drilling engineer

These engineers plan, design and implement drilling methods for all types of wells. They ensure drilling is done in the safest and most economical way possible.

Geologists and geophysicists

Geoscientists are the industry's Earth whisperers — they find, study and eventually help develop mineral, geothermal, and oil and gas deposits. While some of their time is spent in the field, the majority of the work that geologists and geophysicists do happens in an office or laboratory, where they analyze samples and use computer models.

According to the Petroleum HR Council, geology and geo-

physics graduates have the option of working for exploration and production companies that find and extract oil and gas resources, or geophysical services firms which help petroleum companies locate oil and gas reserves through seismic imaging.

Skilled trades

As the industry has become more reliant on advanced, specialized technologies, skilled tradespeople, such as millwrights, machinists, steam-ticketed operators or power engineers, have kind of become like the glue that keeps everything. They are the ones who actually construct, maintain, operate and repair all of the equipment, machinery and facilities in use at oil and gas operations. Without them, engineers and geoscientists wouldn't be able to do their jobs.

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Wanted: You!

According to the Petroleum Human Resources Council of Canada, the most in-demand occupations in the oil and gas industry include:

- Field workers, labourers and operators
- Drilling and service supervisors
- Chemical, mechanical and petroleum engineers

- Non-steam ticketed operators
- Heavy equipment operators
- Drilling co-ordinators and primary production managers

- Truck drivers
- Millwrights and machinists
- Geologists and geophysicists
- Steam-ticketed operators

Student Voice

Motivate yourself to make a mark

Samantha Murphy
Student
Bachelor of Commerce (Co-op) in Marketing
Memorial University of Newfoundland
TalentEgg.ca



Internet with no ability to meet face-to-face.

The Bachelor of Commerce (Co-op) program at Memorial University of Newfoundland requires that students must complete three work terms or internships at specified times during the five-year program. Memorial offers a database of jobs available to students, but for the most part they cater to either Accounting or Human Resource students that hope to stay within the province for work. I, however, am a marketing student with dreams to leave Newfoundland and work in the marketing industry in a more urban environment.

This led me to scour the internet as well as contact many of the connections I have made in the industry both in and out of the province. From there, I applied to many companies, from large corporations to small businesses. Cover letters and resumés were seemingly ineffective, especially via the

This led me to spend an entire day filming myself on my laptop making a somewhat quirky but still informative video about my skills and passion for marketing in the hopes of standing out among thousands of applicants to a large, well known corporation. I got an interview! This was a huge accomplishment and, although I did not get the job, it was the confirmation I needed that I had at least some of what it took to survive in this industry.

After that I had a friend who had some graphic art skills create a resumé that would be delivered in a unique format to help stand out among the crowd. Sadly, no interview.

Finally I was contacted by a huge marketing agency that seemed really interested but only did unpaid internships. I almost packed up and moved halfway across the country for an unpaid position, but after

the intervention of my grandmother I decided I would contact them as a new grad.

Eventually I ended up with a position here in the province that I really like but still have my eyes set on a bigger city with bigger opportunities.

What I'm doing now

I graduate in April 2013 and will begin my job hunt soon! I'm starting to brainstorm some creative ideas so that I can get myself out in the industry and be recognized.

My recommendations

As much as I would like to say that I did not receive as much help or guidance as I wanted from employers, career centres and schools, it is really up to me to ensure I am portraying myself in a way that makes employers need to meet with me. Having a degree is not enough anymore — contributing in any way you can to the field you hope to end up in is crucial. I have found that making connections is also a key factor in getting jobs whether it be a recommendation or someone to help mentor you.

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PET LOGIC: CONSIDERATIONS BEFORE YOU COMMIT

“When you get a pet, it’s like you are inviting a new member into your family,” says Michael Sullivan, executive director, Humane Society of Canada. Here are seven important considerations before your family makes the commitment.

1 COST. According to Sullivan, a cat or dog costs on average \$1,500 per year (for the initial spay or neuter, vaccinations, food and other health costs). Exotic pets may be inexpensive but their ongoing needs will add up, too.

2 LIFE SPAN. Be aware that a cat can live up to 20 years, explains Dr. Jean Gauvin, a small animal practitioner in Lachine, Que., and vice-president of the Canadian Veterinary Medical Association, while a small dog can live about 12 years, a parrot more than 30, a rabbit 12, and a hamster may live four years.

3 SCHEDULE. Dogs, especially puppies, require a lot of your time for training and daily walks. Cats are easier because they don’t need training outside of litter

training. Most exotic pets (gerbils, reptiles, fish, and birds) will need daily care.

4 LIFESTYLE. If you are active, an active dog breed makes sense. But what will you do if you are someone who travels a lot? Gauvin says for shorter jaunts, a cat and exotic animal may be easier to leave or have looked after.

5 FUR. If someone in the family is allergic, consider a poodle or other non-shedding dog, says Gauvin. Or consider a lizard or snake.

6 SPACE. A small dog or cat might be best suited for a condominium or apartment while a Great Dane might better suit a home in the country. Exotic pet cages and aquariums will need a dedicated place in your home, too.

7 FOOD. Sixty per cent of what you spend on a dog will be for food. Consider that a rabbit needs fresh vegetables while a cat is happy with canned food. Some exotic pets need special food — snakes eat mice while lizards love crickets.



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ZOONAR/THINKSTOCK

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Take a moment to learn more about the veterinary practice and to find out more about how the Alpine Animal Hospital/Winnipeg Spay and Neuter Clinic can serve the needs of you and your cherished pet.

The Alpine Animal Hospital/Winnipeg Spay and Neuter Clinic provides high quality pet health and wellness services to assist your pet in living a longer, happier, and healthier life.

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MANITOBA MUTTS DOG RESCUE A HUGE SUCCESS

In less than a year and a half, Manitoba Mutts Dog Rescue Inc. has grown into a thriving non-profit organization that adopts out an average of 50 dogs each month. According to co-founder Becky Nordquist, the success of Manitoba Mutts results from a powerful network of dedicated volunteers, foster homes and independent agencies.

"Hundreds of people have stepped forward to volunteer their time and expertise, or to foster pets," says Nordquist. "We also

have the support of the Winnipeg Humane Society, Winnipeg Animal Services and several pet stores."

The network enables Manitoba Mutts to handle up to 100 dogs and cats each month that have been abandoned, abused or surrendered. The group accepts animals from across the province and has placed them not only in Manitoba, but also in other provinces and

the United States.

Adoption fees range from \$150-\$350, depending on the size and age of the animal. All adopted pets have been spayed or neutered, and have received rabies shots and identification tattoos.

Manitoba Mutts' process for foster homes includes a site visit and interview. The organization pays foster homes for food and other supplies, along

with veterinary bills.

"For foster homes, we're looking for a loving environment," says Nordquist. "Some of the animals we place in foster homes have been abused and need a little TLC before they can be put up for adoption. Fostering an animal can be a great way for a family to determine whether they want to own a pet full time."

For more information, visit www.manitobamutts.org/. Manitoba Mutts is also on Facebook and Twitter.



ISTOCKPHOTO/THINKSTOCK

D'ARCY'S ARC OF LIFE

In the past 11 years, more than 11,000 dogs and cats have found new homes – and gained new leases on life – thanks to D'Arcy's A.R.C. (Animal Rescue Centre). The ARC grew out of D'Arcy Johnston's experience as an animal health technician at Winnipeg veterinarian clinics in the 1990s.

"Part of my job was to euthanize otherwise healthy pets that owners no longer wanted," he says. "As an animal lover, I hated it and began to find homes for some of these pets."

Johnston was soon sharing his home with 30 pets and acquired a permit to operate an animal shelter. In 2001, he founded D'Arcy's ARC in a rented space on Portage Avenue. In 2004, the ARC became a registered charity; today, the ARC's 7,000-square-foot facility on Century Street is the largest animal shelter in Western Canada. It has three full-time and four

part-time staff and a half-million dollar annual budget.

The ARC rescues abandoned, neglected and abused pets through a process of veterinary care, foster homes and permanent placements. At any given time, it may have up to 150 pets (cats comprise 75 per cent of ARC animals) awaiting adoption. All rescued animals are spayed or neutered and adoptive homes are thoroughly checked before receiving an ARC pet.

Education and outreach are also part of the ARC's mission — D'Arcy Johnston regularly lobbies city officials to address Winnipeg's sizable population of stray cats, for instance.

"Stray cats and dogs cost the city millions of dollars each year," says Johnston.

"If everyone understood the importance of spaying and neutering, it would really help reduce the problem."



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Eat healthy and delight your tastebuds — yes, it's possible

Eating a balanced diet is one of the most important factors in achieving a healthy lifestyle. Fortunately, being health-conscious doesn't mean you have to give up the dishes you love.

Canadian chef Stefano Faita is a firm believer in healthy eating, and often

Ingredients

- 50 ml (1/4 cup) extra virgin olive oil
- 2 cloves garlic, chopped
- 1 sprig rosemary, finely chopped
- 1 ml (1/4 tsp) red pepper flakes (or to taste)
- 300 g (10 oz) ground lamb
- 125 ml (1/2 cup) white wine
- 1 can (540 ml/ 19 oz) diced tomatoes
- Salt, to taste
- 1 box (375 g) Barilla whole grain spaghetti
- 15 ml (1 tbsp) butter
- 175 ml (3/4 cup) grated Pecorino Romano cheese

Whole Grain Spaghetti with Spicy Lamb Sauce



This recipe serves four. NEWS CANADA

relies on his Italian roots for recipe inspiration.

"There is a ton of healthy whole grain pasta options out in the market," he says.

Here he pairs whole grain spaghetti with spicy lamb sauce.

1. In a large skillet over medium heat, heat olive oil. Add the garlic, rosemary and red pepper flakes, sautéing until garlic turns slightly yellow. Add ground lamb; cook until well browned.

2. Stir in wine and cook for about 1 minute. Add tomatoes with juice and 3/4 cup (175 ml) water; season with salt. Simmer until liquid has evaporated and sauce is thickened. Cover and keep hot.

3. Meanwhile, cook spaghetti according to package directions. Drain and toss with sauce.

4. Stir in butter and cheese before serving.

NEWS CANADA/ BARILLA.CA

Drink of the Week

Memories of summer

As we're well into fall, many of us are missing warmer weather. This Paloma is a classic combination of tequila and grapefruit, reminiscent of summer.

- 2 fresh strawberries
- 45 ml (3 tbsp) tequila
- 15 ml (1 tbsp) fresh lime juice
- 60 ml (4 tbsp) fresh pink grapefruit juice
- 15 ml (1 tbsp) agave nectar
- Ice
- Splash soda water
- Pink grapefruit slice and strawberry half, for garnish

Muddle strawberries. Add tequila, lime, grapefruit juices and agave nectar, and shake well with ice. Strain over ice in a tall glass. Top with soda water. Garnish with a slice of pink grapefruit and half a strawberry.

THE CANADIAN PRESS/
MILAGRO
TEQUILA



Asparagus Cappellacci: Where easy meets elegant

Serve this easy and elegant dish at your next buffet dinner and your guests will be coming back for seconds.

It boasts a sensational lemon butter sauce.

1. In medium saucepan of boiling salted water, cook the Asparagus Cappellacci pasta for about 5 minutes or until tender; drain.

2. Meanwhile, in a large non-

Ingredients

Start to finish: 15 minutes

- 1 pkg (250 g) PC Black Label Asparagus Cappellacci Pasta
- 50 ml (1/4 cup) unsalted butter
- 2 small Portobello mushrooms (or 1 large), sliced in 3/4-inch (2 cm) thick pieces
- 25 ml (2 tbsp) fresh lemon juice
- 2 green onions, thinly sliced on diagonal
- Pinch of salt
- Pinch of freshly ground black pepper
- 45 ml (3 tbsp) shaved parmigiano reggiano



This recipe serves three. NEWS CANADA

stick frying pan, melt 2 tbsp (25 ml) of the butter over medium-high heat. Add Portobello mushrooms; cook, stirring for about 3 minutes or until browned. Transfer to plate.

3. Add remaining 2 tbsp (25 ml) butter to same pan, swirling to coat. Add lemon juice, slices of green onions and reserved pasta. Using tongs, turn over gently to just coat with

sauce. Top with mushrooms and divide among three plates; sprinkle with salt, pepper and parmigiano reggiano shavings.

NEWS CANADA/ PC.CA

Mushroom Fettuccine. Use different pestos in quick and tasty supper



Instead of basil pesto, try using sun-dried tomato, cilantro or mint pesto for variety in this quick and easy supper dish.

1. Cook fettuccine according to package directions.

2. Meanwhile, in a large skillet, heat oil over medium heat. Sauté mushrooms and onions for 4 to 5 minutes or until lightly browned. Reduce heat and stir in garlic, pesto and salt; heat just until warm.

3. Add drained hot pasta and toss to coat well; taste and add a little more salt if not garnishing with Parmesan. Serve hot or at room temperature. Garnish with cheese, if desired, and

pine nuts. THE CANADIAN PRESS/
MUSHROOMS CANADA, MUSHROOMS.CA

Ingredients

- 375 g (12 oz) dry fettuccine, cooked and drained
- 30 ml (2 tbsp) olive oil
- 500 g (1 lb) sliced fresh mushrooms
- 250 ml (1 cup) chopped red onion
- 2 cloves garlic, minced
- 125 ml (1/2 cup) prepared basil pesto sauce
- 1 ml (1/4 tsp) salt
- Grated Parmesan cheese (optional)
- 50 ml (1/4 cup) toasted pine nuts or chopped walnuts

MLB

Giants stand tall in Game 3 vs. Reds

Hardly able to get a hit, the San Francisco Giants used a misplayed grounder to prolong their NL playoff series.

Third baseman Scott Rolen's two-out error in the 10th inning gave the Giants the go-ahead run Tuesday night in a 2-1 victory over the Cincinnati Reds, who couldn't shake 17 years of home post-season futility.

The Giants avoided a sweep in Game 3, cutting their division series deficit to 2-1. **THE CANADIAN PRESS**



Sergio Romo of the San Francisco Giants reacts after the Giants beat the Cincinnati Reds Tuesday in Cincinnati, Ohio. GETTY IMAGES

Hockey

Hasek's hope for NHL return fading

Dominik Hasek appears to be done with hockey after giving up hope of another return to the NHL.

The 47-year-old goalie resumed training ahead of this season hoping to get picked up by an NHL club, but told Czech daily Sport on Tuesday that it is "very unlikely" he would play again after no team offered him a contract amid the current lockout.

Hasek was twice named the NHL's MVP, and took home the Vezina Trophy six times. He last retired from the NHL in 2008. **THE ASSOCIATED PRESS**

Cap in hand: Salary structure in jeopardy?

NHL lockout. Fehr says extended lockout could cause NHLPA to reassess playing under salary cap

Donald Fehr expressed some hope that collective bargaining talks this week will help lead to some resolution.

But he also made it clear in an hour-long meeting with the Torstar News Service editorial board that the longer the NHL lockout lasts, the less happy the players will be playing under a salary cap.

"If this goes on for an extended period of time, I don't know what they (the players) are going to do. But I think it's safe to say, they would be exploring all options," said Fehr.

He added the players can live with a salary cap if an agreement can be reached quickly.

"Where the players are, they want to make a deal," Fehr said. "Even though the owners' proposal went as far away from the players as they could, the players did not respond in kind. They made a proposal which moved in the owners' direction. If there can be an agreement in a relatively short term, which puts the pieces back together and gets the season going, I think the players can live with that."

Fehr fell short of calling for the salary cap to be scrapped outright — something that would put the NHL and the players further apart. But it was a reminder to commissioner Gary Bettman and the owners — on the eve of new talks with the league on non-core economic issues — that things can get ugly in a hurry.

"I hope we can continue to make some progress on what we call the non-core economic issues and I hope we can have discussions that can spark a



NHLPA executive director Donald Fehr meets with the Torstar News Service editorial board on Tuesday. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

Quoted

"In basketball (the NBA locked out its players last season) they played 75, 80 per cent of the season starting as late as Christmas. I do hope we start many weeks before Christmas."

NHLPA executive director Donald Fehr on Tuesday. Fehr declined to predict when he thought the NHL season might begin.

new round of significant talks on the core economic issues," said Fehr.

NHL deputy commissioner Bill Daly said the league has heard the association's threats related to the salary cap before.

"Ultimately, it's their call,"

Daly said in an email to Torstar News Service. "Hopefully, we all want a quicker resolution to this negotiation than a longer one. How the PA ultimately decides to deal with that issue will be very telling."

TORSTAR NEWS SERVICE

Dates to watch

Oct. 19

Potential date of the next round of game cancellations.

Nov. 10

Hall of Fame Game weekend, first big weekend for league on a national scale.

Nov. 23

Black Friday on U.S. Thanksgiving weekend — also the date NBC was to kick off its TV broadcast schedule; a very important date for the NHL.

Dec. 7

Another round of cancellations? Pretty well the latest hold-out date before cancelling the Winter Classic.

Dec. 21

If two more weeks are scrapped here, start thinking about the integrity of season.

Jan. 1

Winter Classic — Toronto vs. Detroit at Ann Arbor, Mich.

Jan. 11

Date the 1994-95 lockout ended, salvaging a 48-game season.

Jan. 18

Be very pessimistic about the season, if there's another round of cancellations.

Feb. 16

Date the 2004-05 season was cancelled.

MacLean promotes CPR after near-death scare



Brett MacLean, who survived cardiac arrest after collapsing while playing pickup hockey this summer. TORSTAR NEWS SERVICE

Brett MacLean was in the prime of his life.

Just 23 years old and coming off a 25-goal season in the American Hockey League, MacLean was working towards a full-time spot with the Phoenix Coyotes this summer when he joined some friends in Owen Sound, Ont., for a pickup game.

Little did he know, it would be the last time he pulled on skates as a professional.

"I remember going to the arena and going on the ice and that's it," MacLean said. "I guess 40 minutes in I made a pass and just collapsed."

He was experiencing sudden cardiac arrest. In top physical

Quoted

"The more people that know CPR, the more lives we're going to save."

Former NHLer Brett MacLean, who suffered cardiac arrest playing hockey in the summer.

shape, and with no history of heart disease, MacLean's life hung in the balance.

Fortunately for MacLean, two fellow players performed CPR until a local firefighter could retrieve the arena's automatic external defibrillator — better known as an AED — and shock him back to life.

"I was lucky," said MacLean. "It just kind of shows that it can

happen to anyone."

The miracle that saved his life was accompanied by news that he'd have to end his hockey career. With the cause of MacLean's cardiac arrest unknown, doctors inserted an implantable cardiac defibrillator, which will monitor his heart for abnormalities and prevent him from participating in contact sports.

However, MacLean had vowed to turn his experience into something positive before he was even discharged from hospital.

He made contact with the Heart and Stroke Foundation and took part in the launch of the charity's new awareness campaign last week in downtown Toronto. Just three months on from a life-altering event, he's willing to speak openly about what he went through.

"I'm looking at the bright side," he said. "If I can help other people in the future then it's all worth it."

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Discover the Pathfinder



ALL PHOTOS WHEELBASE

2013 Nissan Pathfinder

- **Engine.** 3.5 litre V6 with 260 horsepower and 240 pound-feet of torque.
- **Mileage.** 10.5l/100km and 7.7 on highway
- **Type.** Four door, front two or four-wheel drive.
- **Base price (incl destination).** Starts at \$31,600

Styling and shape

The new Pathfinder, which arrives this fall, has been on a serious diet, shedding about 110 kilograms over the outgoing model. This meant converting to a unitized (frameless) platform that's shared with Nissan's Infiniti JX luxury wagon.



The V6 is teamed with a continuously variable transmission (CVT).

Drive options

Nissan's 4x4 option is worth it for anyone living or working in snow-belt regions where being stranded in -30 C conditions is just not an option. The All-Mode 4x4-i system allows you to select either two- or four-wheel-drive, or engage the Auto setting and let the All-Mode make the call, depending on tire slippage.

Comfort

Passenger comfort was apparently paramount with Nissan's designers, who created a third-row reclining seat and a second row with 13 centimetres of fore and after travel. The split-second bench also features an "EX Flex" portion that slides forward for easier third-row access.

Review. Yes, the idea of a front-wheel-drive Pathfinder will take getting used to, but when did you last go off road anyway?

MALCOLM GUNN

Wheelbase Media

It was a category full of off-roaders that buyers just couldn't get enough of. The seemingly unstoppable Ford Explorer. The go-anywhere Nissan Pathfinder. It's amazing how things change in five or six years. In simple terms, the Explorer and Pathfinder are no longer truck-based, off-road-capable sport utility vehicles.

Like the Explorer, Nissan's seven-passenger bus has emerged from its chrysalis as a family wagon able to conquer nasty road and weather conditions. The Tennessee-built wagon had remained virtually untouched since the

2005 model year. A robust body-on-frame chassis made it ideal for boulder-bashing, creek-fording activities.

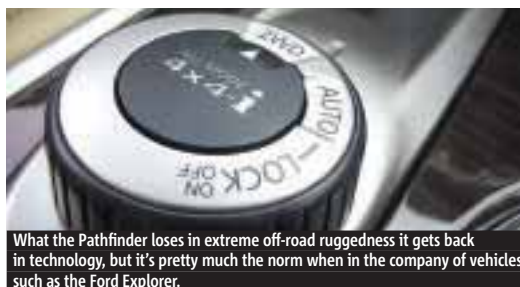
The new sheet metal manages a passing resemblance to the outgoing rig as far as the grille is concerned. But from there the quaintly boxy body-of-old, with its muscular fender flares, has given way to gentle curves and rounded edges.

The Pathfinder S is expected to come with the usual accessories, including tri-zone climate control and 14 cup/bottle holders. The SV adds roof rails and a rearview monitor while leather-covered seats, remote engine start and a power liftgate are SL highlights. From there, the sky's the limit on the options front, with features such as an up-level sound system.

The reborn Pathfinder might have been stripped of its traditional sport bravado, but it will certainly add new friends with an easy-on-gas powertrain, easy-to-take creature comforts and easy-on-the-eyes design.



The Pathfinder dash is very Nissan-y, blocky and simple. In this day and age, it's weird not to see silver plastic all over the place.



What the Pathfinder loses in extreme off-road ruggedness it gets back in technology, but it's pretty much the norm when in the company of vehicles such as the Ford Explorer.

Compare



1 Mazda CX-9
Base price: \$38,000



2 GMC Acadia
Base price: \$40,000



3 Ford Explorer
Base price: \$31,500

5 DRIVE

How the sea holds the key to totally revamp the car industry

AutoKnow. The ocean can provide, through its seaweed, new materials and new fuel for next-generation environmentally-friendly vehicles

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wheelbasemedia.com

The common belief is that something won't last very long unless it's created in a lab. That might always be the case, but the source material for such parts is quite literally in a liquid state.

Cars with bodies and parts made from seaweed and powered by biofuel derived from algae and saltwater could be the wave of the future if a couple of companies have anything to say about it.

Toyota has an ultralight, super-efficient plug-in hybrid vehicle featuring a bioplastic body made from seaweed. According to the company, it could be available inside of 15 years.

Automakers are looking for ways to increase the amount of plastic parts in cars as a means to reduce weight and production emissions. Today, steel is still thought to be the best material to crank out cars, but the use of plastic is quickly gaining ground.

Even luxury automakers such as BMW and Mercedes-Benz use more plastic in their vehicles than ever before ... and that trend looks like it's continuing. Demand for bioplastics is expected to hit \$100 billion within a

couple of years, according to a 2009 USA Today story.

One snag, however, is that most plastics today still trace their roots to petroleum. Conventional petroleum-based plastic products don't do much to alleviate North America's dependence on oil, not to mention the associated economic, environmental and geo-political problems that come along for the ride.

That's some of the thinking behind Toyota's green vision for the future and the 1/X Concept, so named because its "carbon footprint" is claimed to be a fraction of that of other cars.

While not totally new - the 1/X Concept made its public debut at the 2007 Tokyo Motor Show - this "environmentally considerate" hybrid is an interesting spin-off on the original concept.

About the same general size as Toyota's current Prius gas-electric hybrid, the revised 1/X still combines a home-rechargeable lithium-ion battery pack with a 0.5-litre flexible-fuel engine in a drive system that's about 25 per cent of the Prius's powertrain.

A very strong carbon fiber-reinforced plastic (CFRP) frame contributes to the car's light 926-pound curb weight, less than one-third of the Prius.

But the 1/X Concept's most noteworthy attribute can be seen in bioplastic body panels derived from seaweed. "We used lightweight carbon fiber in the frame for its superior collision safety," project manager Tetsuya Kaida said of the 1/X. "But that material is made from oil. In the future, I'm sure we will have access to new and better materials

Innovative

"I want to create such a vehicle from seaweed because Japan is surrounded by the sea."

New Toyota 1-X project manager Tetsuya Kaida, on utilizing Japan's large coastline to fuel Toyota's new idea for a vehicle partly made from seaweed.

such as those made from plants, something natural.

"In fact, I want to create such a vehicle from seaweed because Japan is surrounded by the sea."

Kaida added that the 1/X Concept "points the way toward a much more sustainable relationship between humans and the environment. It's also a direction for a future Prius, two or three generations ahead of the current car."

Florida-based Algenol Biofuels, working in partnership with Dow Chemicals, has big plans to power such future cars with its proprietary algae-to-ethanol biofuel.

Typical corn-based ethanol has been criticized for straining the world's food supply, contributing to global warming by encouraging the plowing of grasslands and consuming a substantial amount of the annual U.S. corn crop.

The Algenol approach solves those problems by producing its ethanol fuel without occupying arable land or consuming feedstocks needed for human or animal consumption, a conflict that has been in the news many times this summer due to drought-ravaged crop yields. All it needs for production is seawater, sunlight and algae.



Could the riches of the sea bring the automotive industry into a new light-weight era? ALL IMAGES WHEELBASE

The facts: Seaweed as a fuel

- Algenol.** This new fuel is made in bioreactors (read below) using seaweed and photosynthesis. It is ethanol but it's just produced in a much more environmentally sound way than actual ethanol which has been criticized for depleting food stocks through its production.
- Ethanol vs Algenol comparisons.** Algenol touts 6,000 gallons of ethanol per year per acre at a cost of less than \$1 per gallon. By comparison, corn produces about 370 gallons per year per acre while sugar cane accounts for about 890 gallons per acre.
- The future.** With 139 million square miles of ocean covering the earth's surface, and containing a volume of some 329 million cubic miles, there looks to be no shortage of future fuels from this promising process.
- Algae bioreactors.** These are 50-foot-long by five-foot-wide troughs covered with flexible plastic and filled with about 1,000 gallons of saltwater. The water is then saturated with carbon dioxide to encourage algae growth.



The humble seaweed could now be the material our vehicles are made of, and run, on in the future.



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CTS most important Cadillac of our time — just avoid the 2003

Second gear. CTS owners often recommend against first-year models

JUSTIN PRITCHARD
drive@metronews.ca

At its launch, the Cadillac CTS was a cost-effective alternative to a European machine for its North American buyers — and it competed largely with the likes of BMW, Audi and Mercedes. In addition to posing a threat to its competition, the CTS's big story was its styling — which showed off the brand's new visual language and striking, angular lines. Look for features like a Bose audio system, navigation, xenon lighting, a sunroof and heated seats. Dual-zone automatic climate control was standard.

Common issues

CTS's problems come across as relatively minor in the grand scheme of higher-tech luxury cars. As with many all-new vehicles, headaches tend to be more prevalent early on — so avoid the first year (2003) CTS.

The variable effort steering solenoid in 2003 models is prone to failure, resulting in a "service steering system" warning light. A fuel gauge problem may result in an empty reading after a fill-up if the engine is left running in the process.

Any groaning, moaning, clicking or grinding noise from the vehicle's rear end should be questioned, and the particular unit avoided unless the differential gets a 'thumbs up' from a Cadillac mechanic. Finally, check the automatic transmission for signs of a troublesome leak which could cause damage or failure.



HANDOUT

What owners like

↑ Styling, value, feature content and comfort are typically highly-rated by CTS owners. Performance with the larger V6 engine is also noted to be a positive.

What owners dislike

↓ Some owners wish for a more upscale cabin, larger rear seats and better mileage.

The verdict

Avoid the 2003 and look for an extended warranty, and you'll be on your way to enjoying the most important Cadillac model in recent history.

Car details

- **Model.** 2003 to 2007 Cadillac CTS.
- **Vehicle Type.** Luxury Sedan.

- **Engines.** Look for V6 engines with displacement between 2.8 and 3.6 litres, producing

between 210 and 255 horsepower. Manual or automatic transmissions were available.



Interior of CTS. HANDOUT

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Peugeot's concept gem is much more than four-wheel eye candy

Onyx. Ultra slick car's looks may hold your attention but under its shiny exterior lies many admirable, greener features



AUTO PILOT

Mike Goetz
drive@metronews.ca

Sugarcoating gets a bad wrap. A coat of sweetie goodness over something unsweet? What's wrong with that?

If it weren't for Honey Nut Cheerios a lot of us would be woefully deficient in essential substances, like Riboflavin, Thiamine and sodium. There is a type of sugar coating in the automotive world too and it is just as tasty — the concept car.

Automakers need to constantly develop technologies, some exciting, some boring, some in the middle. When it



The Peugeot Onyx allows its looks to do the talking but there is much more to this car than just aesthetics. CONTRIBUTED

comes time to let the world and their stakeholders know about the fruits of their labours, automakers help their cause by almost always incorporating the various technologies into a sexy concept form, then unveiling that vehicle at a major auto show with a photogenic human accompanying it on stage.

The alternative would be to present a technical paper about the technologies at an indus-

try symposium, the kind filled with large name badges, stale "urn" coffee and break-out sessions. Guess which communication method gets the most attention? A case in point is the Peugeot Onyx, the concept that stole the spotlight at the recent 2012 Paris auto show.

Peugeot could have just told us about the technological areas they're currently working on, like... making vehicles look

like they've been handcrafted by metalwork artisans... gaining lightness through carbon fibre... developing sporty and fuel-efficient diesel engines... capturing and re-deploying a car's kinetic energy... And trying to build vehicles with more recyclable materials.

All that sounds good, but the Peugeot Onyx looks even better. The doors and front fenders are fashioned from pure copper, by

hand, by a master craftsman. Being copper, the metal's appearance will change over time. The rest of the body panels are carbon fibre, painted black. The carbon fibre chassis features less individual parts than normal. This "monolithic" design furthers both stiffness and lightness; it tips the scales just over 100 kg (220 pounds).

Mounted mid-ship is Peugeot Sport's 3.7-litre diesel V8, a ver-

sion of which sees duty in the automaker's Le Mans racers. It transmits 600 hp to the rear wheels via a six-speed sequential gearbox. The Hybrid4 technology recovers kinetic energy usually lost during braking, by storing it in lithium batteries, then delivering it during acceleration, adding a further 80 horses.

The main material in the interior is wool felt. This felt is formed as a one-piece pod — we're talking bucket seats, floor, upper console, and roof! The pod is fitted against the carbon fibre structure, and even does double-duty as soundproofing material. In places where it contacts the body, there is extra foam.

The dashboard and part of the console are constructed of old newspapers compressed under great pressure to form "logs." Apparently the logs seem to have a "grain" to them, and on closer inspection you can see that those grains. The Peugeot Onyx is eye candy, yes, but like a lot of automotive concepts it is healthy eye candy — the kind with real fibre, protein, and nutrients.

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Horoscopes

Aries

March 21 - April 20

Things may get hot over the next 24 hours, but that's OK because you are the kind of person who thrives when the pressure is on. Just make sure you remember to keep thinking. Instinct alone won't be enough.

Taurus

April 21 - May 21

You may have to give ground to a rival today, simply because he or she is even more stubborn than you are! The planets warn that if you go toe-to-toe with them, it could be you who comes off second best.

Gemini

May 22 - June 21

If someone you work or do business with gets a bit aggressive today, you would be wise not to meet their challenge head-on. This is the kind of confrontation you cannot win, so be sensible.

Cancer

June 22 - July 23

You are in the kind of mood where you are quite prepared to turn your life upside down if you believe it is needed to bring success. You may be right, but don't go too far and get rid of everything.

Leo

July 24 - Aug. 23

You will get what you want today — one way or the other. But Mercury linked to power planet Pluto suggests you may upset a few people along the way. Do you care? That just has to be a stupid question.

Virgo

Aug. 24 - Sept. 23

Put the past behind you and focus on the future. There is no point dwelling on what might have been, and why would you want to when your current prospects are so good? Each day can be a new beginning.

Libra

Sept. 24 - Oct. 23

Do you have the guts to take some kind of gamble? If you do, it could well pay off — especially if you act decisively on what your inner voice tells you. Others will disagree, of course. But they know nothing.

Scorpio

Oct. 24 - Nov. 22

Mercury in your sign linked to your ruler Pluto means there is not a shadow of doubt in your mind, but others are not so sure you know what you are doing. Your task today is to find ways to convince them.

Sagittarius

Nov. 23 - Dec. 21

Seize the initiative today. Make your bid for fame and fortune. If you don't, you may look back later and wonder what might have been — and the worst part is, you will never know. Do something daring!

Capricorn

Dec. 22 - Jan. 20

Sometimes in life you have to make a decision and stick to it, and this is one of those times. Whatever you are called to act on today, you must be brave and you must be bold. Anything less invites failures.

Aquarius

Jan. 21 - Feb. 19

You know what needs to be done in your life, so get on and do it and don't worry about whether or not other people will approve. Remember: You don't have to please them — they have to please you.

Pisces

Feb. 20 - March 20

If you are happy with your life the way it is then fine. If, however, there are things you would like to change now is the time to start making plans. Make them big plans too. Don't limit your horizons.

SALLY BROMPTON

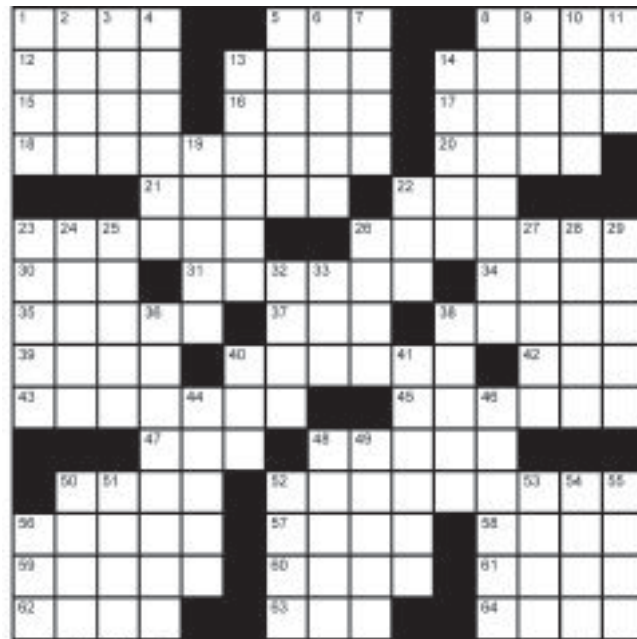
Miscellany

Across

1. Permits (someone to do something)
5. Chicken ____ king (2 wds.)
8. Double-reed woodwind
12. Skin soother
13. Actor Alda, Ladd, or Rickman
14. Witch
15. "... was blind but now ____": Amazing Grace (2 wds.)
16. It blows off the ocean
17. Smell
18. Curtails
20. Predicament
21. Conceals
22. Not him
23. Duress
26. Northwest ____: sea route on the Canadian mainland's north coast
30. When doubled, a dance
31. Engraved with acid
34. Ailments
35. Arise anew
37. ____ and Order
38. Pig's nose
39. Summers: Fr.
40. Kidnapper's demand for money
42. Society page adjective that means "born" in French
43. Sang like a bird
45. Disappear, like a hair-line
47. Not young
48. Eucalyptus-loving marsupial of Australia
50. Plant used to make poi
52. Largest New Brunswick city, whose spelling is sometimes confused with the capital of Newfoundland and Labrador (2 wds.)
56. Bay of ____: location of 52-Across
57. Crooned
58. *Garfield* comic strip dog
59. Signed, as a contract
60. Give's opposite
61. Evil grin
62. Close at hand
63. Bro's female counterpart
64. Defunct US gasoline brand still active in Canada

Down

1. Refuge
2. "If all ____ fails, read the directions"
3. Baby's "piggies"
4. Be boiling mad
5. Wonderland girl
6. Goes on and on
7. Aardvark delicacies
8. Has food delivered (2 wds.)
9. Heckles
10. Burden
11. Always: poetic contraction
13. Among
14. Arrives
19. Step part
22. "I've ____ it with you!"
23. Alternative to a nail
24. 8th Greek letter, it comes before iota
25. Grand Prix car

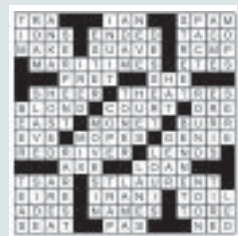


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26. Church benches
27. By oneself
28. Applied epoxy
29. ____ Lauder: cosmetics and fragrance brand
32. Dressed
33. Solo of *Star Wars*
36. Boundary that runs through four Great Lakes (2 wds.)
38. Silvery food fish
40. Valentine color
41. Citrus fruit that's also a color
44. Actor Christopher of the *Back to the Future* series
46. Coax gently
48. Hawaii's Garden Isle
49. Pig sounds
50. Adjust to the correct pitch
51. Ottawa-born singer/composer who wrote My

- Way
52. Former faster-than-sound jets: initialism
53. Wordsworth works
54. Goes quickly
55. Fiddler while Rome burned
56. Fish's steering mechanism

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY



MAX: 8°
MIN: -3°

THURSDAY



MAX: 5°
MIN: -1°

FRIDAY



MAX: 6°
MIN: -1°



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